

Hallucination Disorders: The Effects of Using the Tazkiyatun Nafs Module on the Academic Achievement of Students with Hallucinations

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ABSTRACT

This study aims to find out the Effectiveness of the Tazkiyatun Nafs Module on the academic achievement of students with hallucinations. The Tazkiyatun Nafs module contains three sub-modules, namely Tarbiah Asasiyah (Basic Religious Education), Tarbiyah Ma'rifatullah (The Process of Knowing Allah), and Tarbiyah Mawaddah Warahmah (The Process of Education Through Love). The use of modules in this study to ensure the level of effectiveness for students with hallucinogenic disorders. The study sample consisted of five high school students. The support respondents were five counseling teachers and five parents or guardians of the students who were actual respondents. The data collected were then analyzed using mean percentage differences in subject grade achievement and overall grade achievement grade differences. This difference indicates a positive increase in students' current grade improvement. Finally, some implications and recommendations are made based on the findings of this study.

Keywords: Achievement, Disorders, Hallucination, *Tazkiyatun Nafs*.

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I. INTRODUCTION

This hallucination is one of the psychotic disorders in the human brain. According to previous researchers such as Stuart and Sundenn (1998), who stated that hallucinations are disorders of perception (perception) of the five senses in the absence of external stimuli that can cover all sensory systems where it occurs when the individual's consciousness is full or good. According to Kaplan and Sadock (2004), hallucinations are false sensory perceptions that are not accompanied by real external stimuli, there may or may not be delusions about the experience of hallucinations. Hallucinations are the loss of human ability to distinguish between internal stimuli of thought and external stimuli (outside world), give a perception or opinion about something without any obvious object or stimulus (Saseno *et al.*, 2002)

Hallucinatory disorders in learning that will be emphasized in this study are due to several problems that have been identified in several schools in Malaysia. Such disorders are psychological, environmental, cultural, and sociological disorders. Psychological disorders such as hallucinatory disorders can lead to a more critical effect of bringing a person prone to Schizophrenia. Psychological disorders such as emotional disorders and psychiatric disorders. Emotional disorders according to Terri Mauro (2004), there are many factors that are closely related to emotional disorders in children. Among the causes of emotional disorders among students are the school

environment, events in the family, family influence, peer influence, teacher actions, and others. Psychological disorders are disorders of difficulty in gaining perceptions about life and self-attitude (Jamaludin, 2002).

II. STATEMENT OF THE PROBLEM

In Malaysia, based on statistics in 2003, a total of 11,120 people suffered from hallucinations. This number increased to 17,250 people in 2005 and is said to be increasing year by year (Kosmo, 14 November 2011). Based on the study of Yohan Kurniawan & Thana Abdullah, the study data shows that the number of patients with schizophrenia or hallucinations is at a consistent level for the whole world for the last half-century. Schizophrenia affected about 0.3-0.7 % of people at some point in their lives, or 24 million people worldwide in 2011 (about one patient out of every 285 people). Thus, it is clear that hallucinations are a problem that arises in the realm of education which is a challenge that must be addressed immediately for the progress and happiness of the nation and country.

Learning is a process of behavior change that takes place in school. According to Salleh (2007), learning is a learning process or activity that occurs in various forms. According to Salleh (2007), learning involves the acquisition and modification of knowledge, skills, strategies, beliefs, and behaviors that become the place of learning. In learning, there are various problems, especially for those who suffer from hallucinations. Based on the initial survey of

researchers in Malaysia, the problem of hallucinations in several schools in the North of Peninsular Malaysia shows that the symptoms of hallucinations do exist in every secondary school. The researcher's interview sessions with counselor teachers in secondary schools showed that the statistical average of students experiencing these hallucinations ranged from 2 to 10 students per year (Sabri, 2015). Of this amount, it is enough for a school to face teaching and learning problems for the students at that school. Based on this survey as well, the performance shown by students who face chronic hallucinations is also declining and declining. This is all due to the actions of students leaving the teacher's learning and teaching sessions as well as not attending school when this hallucinatory disorder strikes. This illness or disorder comes to the student suddenly and periodically. Each time this hallucination disease strikes the student causes the student to have to take school holidays for a few days due to pain or depression. Student achievement statistics from the beginning of the year to the middle of the current year in secondary schools in Northern Peninsular Malaysia that have been surveyed by researchers show a decline (Sabri, 2015).

As such, these hallucinations are very disturbing and cause student achievement in school to decline. Therefore, it is appropriate and appropriate for this study to be done to find solutions and ways to overcome to prevent students who face these hallucinations continue to be marginalized and left behind in the current education in this country. In addition, this study is also necessary because it can find a way to prevent other students who do not face these hallucinations from receiving tempias or impact from students who experience these hallucinations. Thus, this study needs to be done by researchers to help teachers and counselors in secondary schools overcome the problem of hallucinations among students.

III. RESEARCH OBJECTIVES

In general, this journal attempts to review the construction and testing of Tazkiyatun Nafs to overcome the problem of hallucinatory disorders in student learning in secondary schools. The general objective of this study is to identify the symptoms of hallucinations caused by subtle beings such as jinn and devils among students who are the cause of disruption in learning as well as find solutions to these problems.

Meanwhile, the specific objective of this study is to determine the effect of the use of Tazkiyatun Nafs module on the academic achievement of students with hallucinations.

To achieve the aims and objectives of the study, the researcher will get answers to the following research questions:

Is it possible to determine the effect of the use of the Tazkiyatun Nafs module on the academic achievement of students with hallucinations?

IV. RESEARCH METHODS

A. Study Design

The study design is a case study design that is a qualitative study in nature. This study uses a case study design that is a study that will apply treatment to the study subject to determine the effectiveness of the use of the planned modules and study variables measured many times to obtain accurate and original study results. This study was conducted on hallucination disorders to determine the effectiveness of the Tazkiyatun Nafs module in terms of aspects of student academic achievement. In this phase, students will be interviewed and investigated by researchers through counseling teachers in the school to identify whether these students are under the influence of hallucinations or not. Several instruments are used in this process such as structured and unstructured interview questions to students, counseling teachers, parents of students involved as well as school administrators. In addition to interviews, instruments such as examination analysis records, attendance records, and personal records of student behavior in school.

According to Stake (1995), a case study is a study that is full of thoroughness and complex to know and understand an issue or case studied. Merriam (1998), states that this case study is used to gain a deep understanding of an issue or situation in depth and to understand the situation of the people who experience it.

B. Population and Sampling

This study is a case study of hallucinatory disorders. Therefore, the technique of purposive sampling (purposive sampling) is chosen so that the selection of the sample can really give a true picture of the information to be explored (Creswell, 2002). According to Patton (1990), this type of sampling needs to go through a selection method against information-rich cases that need to be explored and studied in depth.

Among the important steps in a research study is the identification of populations and samples. The large group in which the sample is selected is termed the population. A sample is a small number of the population identified and made the respondents of the study. A case or sample of $n = 1$ was once used to define a patient with a disease, an object or concept, a jury decision, a community, or a country, a case study involves the collection of data from only one research participant (Idris, 2010).

The actual respondents in this case study related to hallucinatory disorders were five high school students. The supportive respondents in the case study related to hallucination disorders were five counseling teachers and five parents or guardians of students who were the actual respondents.

C. Research Instruments

The research instruments for this study were Takziyatun Nafs modules, interview questions, and academic document analysis. All these instruments were prepared by the researcher and tested for validity and reliability before being administered to the selected study sample.

1) Islamic Treatment Module (*Tazkiyatun Nafs*)

The Islamic Treatment Module that was built will be used in the process of making a treatment called the Soul Purification Module (*Tazkiyatun Nafs*). Inside this module is divided into 3 main modules. Module 1 is the *Tarbiyah Asasiyah* module (basic education process), module 2 is the *Tarbiyah Ma'rifatullah* module (the process of knowing Allah S.W.T) and module 3 is *Tarbiyah Mawaddah Warahmah* (the education process through love). Each module built has an element of medicine or purification of the soul based on Islam.

The introduction of the module will elaborate on the introduction, rationale, and objectives of this module introduced. Each component of the construction of this module is briefly described at the beginning of this module. The approach and methods used are also briefly described at the beginning of this module (Ahmad, 2010; Din, 2012; Jais *et al.*, 2016). A brief description of the *Tazkiyatun Nafs* module is as follows:

a. *Sub Module 1: Tarbiyah Asasiyah*

b. *Sub Module 2: Tarbiyah Ma'rifatullah*

c. *Sub Module 3: Tarbiyah Mawaddah Warahmah*

The process of Islamic treatment using this *Tazkiyatun Nafs* Module will be done continuously for at least 2 months and continuously for students who suffer from this hallucination disorder. This process will be carried out in stages of 3 times. The first time the process of cleansing the patient's soul will be done by the researcher with the help of Darussyifa Islamic physicians directly to the patient. All the subtle beings in the patient will be expelled and cleaned and the remnants of the subtle beings in the patient will be removed and washed through treatment by *qalbun*. In this first process, the patient may experience pain or even feel pain in the veins after all the subtle beings, namely *jinn* or *perennials* are removed from the student's body. At this time, medical fortune tellers or researchers will use the process of heart strength as well as appropriate remembrances which are verses *ruqiyah*. All these acts depend on the sincerity of the medical researcher or fortune-teller seeking the help of Allah S.W.T to ensure that these methods and means are successful. All success is obtained by the permission of Allah alone.

The second process is the process of strengthening and the process of purification of the soul or heart of the patient using this *Tazkiyatun Nafs* module that has been introduced. All the *mazmumah* (evil qualities) that are in the heart must be discarded. The nature of this *mazmumah* is the nature of the *jinn* or *satan* that is found in the human heart to ensure that human beings follow what has been brought by the *satan* and the *jinn*. This process requires a lot of religious practice and remembrance as well as perseverance in practice so that each practice of *mazmuhan* can be prevented and removed completely from the heart. The heart is a place where the "exchange" is the main point for behavior change. As the Hadith of the Prophet S.A.W said;

Meaning: "From Abu Hurairah RA, he said: Rasulullah SAW once said". Indeed, Allah does not see (evaluate) the shape of your body and does not evaluate the beauty of your face, but Allah sees (evaluates) the sincerity of your heart.

(HR. Muslim)

Through the heart, all the behaviors that take place are in accordance with the orders of the heart. If the heart is clean and good, then the practice done will also be praiseworthy and good. And if otherwise, then bad and heinous deeds will happen. Therefore, the process of purification of the soul and purification of the heart in this second stage is very important so that the student will obtain the results of this process of treatment successfully.

The third process is the process of enrichment and the process of distillation of the heart and the practices performed. In this process, there will be an evaluation of the practices performed by the patient as well as the process to ensure that the patient is always clean from all the disturbances and disturbances of subtle beings to ensure that students will always be healthy and clean from such disturbances. This is the final stage in this study. In order to obtain lasting healing, then the practices found in this *Tazkiyatun Nafs* Module must be added and practiced continuously until there is no end to seeking the lasting pleasure of Allah for the eternal Hereafter.

Overall, the construction of this *Tazkiyatun Nafs* module is guided by Al-Hadith and Al-Quran which are the backbone to support the practices proposed in this *Tazkiyatun Nafs* so that it does not contradict Islam. The evidence and references below show that Islamic medical treatment is widely recommended by Allah in the Al-Quran such as the words of Allah in Surah Fussilat verse 44;

Meaning: 44. And if we had made it a recitation in a language other than Arabic, they would have said: "Why are its verses not explained?" is (the Quran) in a foreign language while (the messenger is) Arabic? Say: "It is a guidance and a cure for the believers. And those who disbelieve have in their ears a blockage, and it is darkness for them. They are called from afar".

(Surah Fussilat verse 44)

Apart from that, there are also hadiths of Rasulullah S.A.W which reinforce the importance of the field of medical treatment in Islam, among which the Prophet S.A.W has said:

Meaning: It is not God who sends down a disease but sent down (also) its cure.

(Abu Hurairah r.a)

In conclusion, the use of *Tazkiyatun Nafs* in helping to solve the problem of hallucinations caused by the presence of ethereal beings, is very accurate and appropriate according to religious requirements, especially for those who are Muslim.

2) *Semi-Structured Interviews*

Interviews are the main research instrument in this study. There will be a series of interviews to be conducted, namely semi-structured interviews with students and teachers. Semi-structured interview questions will be developed and validated for the purpose of identifying the causes and effects of hallucinations among these secondary school students. These interviews were conducted with classroom teachers and counseling teachers in the schools involved as well as students who were the main respondents in this study. The use of electronic devices will also be done such

as the use audio recordings and video recordings (Lebar, 2006). The recordings used will be clear evidence of this study.

This interview method refers to Patton (2002), which aims to determine the respondents' perspectives, as well as look at the respondents' thoughts on their views on the issues studied in this study. Mohd *et al.* (2010), showed that the interview method including the protocol, description given, selection, and questions asked can be changed according to the perception and creativity of the interviewer according to the time and circumstances respondents interviewed. This semi-structured interview method is used to study the changes in the respondent's behavior in hallucinatory disorders as well as to know the causes and effects of the disorder on the respondents that cause disrupted development of respondents in school.

Therefore, this interview process will be conducted continuously with respondents to get a clear and specific picture of the problem of hallucinations and to find the best solution to overcome this disorder using Islamic medical approaches that have been planned in this study.

3) Analysis of Student Academic Documents

Analysis of student documents will be performed on performance achievement documents, student attendance records, and student disciplinary behavior records. Analysis of student documents in school is a systematic measurement concept and is very important to know the effect of this hallucinatory disorder on student achievement in school. Malakolunthu (2001) states that information in the form of documents is strong and important evidence in a case study to enable triangulation and comparison to be done. Evidence of this document can be found in the Hel Ehwan Murid section of the school of the students involved and will be used formally as evidence material in this study.

The process of analysis of student achievement documents is carried out randomly by taking the results of current examinations that have passed such as the initial examination of the current year or the year before which is closest to the time of the study. This document can be obtained either from the class teacher or from the Student Affairs section of the student's school. After the treatment is carried out on the student, then the test results will be compared between the previous examination marks with the subsequent examination marks for the academic achievement report. This comparison will be done in a normal comparison that is a comparison of scores only to see the mastery of students after students suffer from hallucinations are treated.

V. DATA ANALYSIS PROCEDURES

The process of data analysis will be done in this study on the data that has been obtained through interviews, observations, questionnaires, analysis of student achievement documents, as well as analysis of findings from the Islamic medical model that has been planned in this study. Data analysis used thematic analysis methods. This analysis is one of the analyzes using the most commonly used forms in qualitative research (Guest & Greg, 2012). It

emphasizes and identifies, studies, and records patterns in data (Braun *et al.*, 2006).

A. Analysis of Interview Data

In this study, a semi-structured interview method was used. Data analysis involving data of teachers, students, parents, and closest friends of the respondents will be performed. These data will be divided into several analytical processes namely transcription, reduction, coding, and data display (Lebar, 2006). Meanwhile, according to Cresswell (2009), the method of analyzing data is divided into 6 parts, namely, transcription, reading all data, coding, categorizing to themes, presenting data in visual form, tables or diagrams, and interpreting the data obtained.

In this study, the method of data analysis is taken from the study of Bogdan and Biklen (1992), the method of data analysis is divided into 6 stages namely the first step; documented data (interview transcripts), second; reading several times for comprehension, third; reduction data i.e. irrelevant data is eliminated, fourth; categorize data, fifth; classify data into main and sub-categories and sixth; redefining the main category and its sub-categories. Once the interview data is analyzed, then a conclusion will be made to ensure that the objectives of the interview are in line with the objectives of the study to determine the effect of hallucinations on students' academic achievement in secondary school can be overcome.

B. Student Document Analysis

The analysis of this document is done based on the respondent's progress document in school in learning, student attendance record to school as well as student behavior document in the Student Affairs section in school. Counselors and classroom teachers are the reference point to obtain data about students directly. All these data will be analyzed and used as the main evidence for the respondents in this study, especially in testing the effects of hallucinations on the respondents in the lesson. In addition, this document will be in support of the issues that have been started by the respondents in the interview and observation sessions that will be conducted later.

C. Data Analysis of Islamic Treatment Module (Tazkiyatun Nafs)

The Tazkiyatun Nafs Islamic treatment module introduced in this study will also be analyzed after it is implemented on the respondents as an instrument to overcome the problems faced by the respondents. This method of treatment is to help respondents who suffer from hallucinations caused by demons or subtle beings. Data will be taken through the duration of treatment carried out as well as the frequency of practice performed by the respondent as well as the effect of practicing this medical method on the respondent will be recorded and analyzed. Mashira Yahaya (2015) stated that the data analysis of Muhasabat al-Nafs Guidance (E-MAN) only involved respondents' responses about prayer practices as a result of using these concerns. In addition, the measurement methods and implementation of this treatment model are described in the research objectives.

The first part of the module construction process was carried out. The construction of this module is based on

aspects of psychology, aspects of modern medicine, aspects of religion, and aspects of alternative medicine. Based on this aspect, the Tazkiyatun Nafs module was constructed to purify the heart of each respondent leading to the healing of hallucinatory disorders. This liver purification process is done in stages according to the content of this module. The construction of this module received advice and guidance from module construction experts from nearby higher education institutions as well as hadith and Al-Quran experts are also referred this construction.

The second part of this module will go through the process of obtaining the validity and reliability of the module. Proses to obtain this validity, a questionnaire was constructed to test the validity of this module. The appointed specialists are psychologists, modern physicians (psychiatrists), religious specialists, and alternative medicine specialists. The validity of the module is identified from the aspects of content, sessions, and activities of the Tazkiyatun Nafs module. While to obtain the value of the reliability coefficient, Cronbach's alpha coefficient method was used. To obtain this Cronbach's alpha coefficient, a pilot test was conducted on 50 students who were randomly selected to test the reliability of this module to be conducted.

VI. RESEARCH RESULTS

Research question: Is it possible to determine the effect of the use of the Tazkiyatun Nafs module on the academic achievement of students with hallucinations?

The findings of this study are presented in this section. There are 4 study respondents who have been sampled in this study. The analysis of this document was conducted on the student's academic performance document which includes performance before hallucination disorder, during hallucination disorder, and after hallucination disorder.

Analysis of the respondents' academic performance was conducted after the academic data of all respondents were obtained from the respective respondent's school. Each student respondent involved in this study will use the analysis of the respondent's performance to determine the effect of hallucination disorders on student achievement in secondary school is accurate. The elements compared in this analysis are as follows: a) difference in mean percentage of achievement by subject, b) difference in grade achievement by subject and c) difference in the grade of overall student achievement. All academic results of the respondents will be analyzed as well as get the mean of the difference between the performance before, during, and after the respondents experience hallucinations. These results will be used as research material to determine the accuracy of the use of the Tazkiyatun Nafs Module in solving the problem of hallucinations in school and can improve student achievement in academic school.

A. Differences in Mean Percentage of Respondents' Achievement by Subject

Based on the findings stated in Table I show that serial respondents experienced a decline in academic achievement while they face the problem of hallucinations. In contrast to Table II which shows an improvement in students' academic achievement after hallucinatory disorders can be resolved.

The use of the Tazkiyatun Nafs module in this study helped the students improve their respective achievements.

TABLE I: WHILE THE RESPONDENT WAS EXPERIENCING HALLUCINATORY DISORDERS

Respondents	During Disruption	Before Disruption	Mean difference	Final findings
Respondent 1	64.55	67.91	-3.36	Deteriorating Achievement
Respondent 2	6.42	68.67	-62.65	Deteriorating Achievement
Respondent 3	30.00	48.45	-18.45	Deteriorating Achievement
Respondent 4	32.42	33.00	- 0.58	Deteriorating Achievement

TABLE II: AFTER THE RESPONDENT EXPERIENCED HALLUCINATORY DISORDERS

Respondents	During Disruption	Before Disruption	Mean difference	Final findings
Respondent 1	69.00	64.55	4.45	Increased Achievement
Respondent 2	46.58	6.42	40.17	Increased Achievement
Respondent 3	49.18	30.00	19.18	Increased Achievement
Respondent 4	48.33	32.42	15.92	Increased Achievement

B. Differences in Respondents' Grade Achievement by Subject

1) Respondent 1

Based on the findings of the respondent's achievement in the grade for Respondent 1 while facing the problem of hallucinations shows that there is not much decrease or deterioration of the respondent's grade. There were only 4 subjects who experienced a decline in grade between before and during hallucination disorder. The subjects that experienced decline were English, Geography, CBC, and Civics. Yet there is one subject that shows a very critical grade change the Civics subject. The decline occurred from grade A to grade E. This shows that Civics education needs to be given serious attention in overcoming this problem of decline. Subjects experiencing this grade drop were subjects involving emotion, language, as well as psychomotor fitness. In the context of psychology, unstable emotional development leads to a decline in the psychomotor and emotional development of respondents.

After the use of the Tazkiyatun Nafs module in overcoming this problem, hallucinatory disorders can be overcome. This situation indicates the development of the respondents during and after experiencing hallucinations after practicing the Tazkiyatun Nafs module. The process that takes place in the Tazkiyatun Nafs module can help the respondent to stabilize his emotions and psyche for the better. From the above findings there were 5 subjects who experienced excellent improvement in grades. The increase occurred in English, Malay, Geography, and Civics subjects. The best improvement is in the subject of Civic education from grade E to grade B. The improvement in this language subject shows that the respondents' emotions have stabilized. This situation is very positive and needs to be continued for other subjects so that respondents continue to excel in academic achievement in school.

2) Respondent 2

Based on the findings of the respondents' achievement in the grade shows that there is a lot of decline or deterioration in the respondents' grades. All this was due to the absence of the respondents to school during the day the test was conducted. There were only 2 subjects who had gathered in the test before and during the hallucination disorder occurred. Test grades such as History subjects experienced a very critical decline i.e. changed from A+ to grade G for the next test. Subjects experiencing this grade drop were subjects involving emotions, language, as well as mental fitness. In the context of psychology, unstable emotional development leads to a decline in the psychomotor and emotional development of respondents. Thus, this situation will also affect the academic achievement of the respondents, especially those involving subjects that need the use of knowledge and emotions of the respondents to answer questions.

After the use of the Tazkiyatun Nafs module as a soul purification module, showing the development of the respondents during and after experiencing hallucination disorders is very good. The process that takes place in the Tazkiyatun Nafs module can help the respondent to stabilize his emotions and psyche for the better. The findings showed that all subjects who attended the test experienced a very good improvement such as English, Malay, Al-Quran and As-Sunah Education, Syariah Education, Visual Arts Education, and History. The increase in achievement in this academic grade shows that a respondent is an excellent person in the subject, but due to hallucinatory disorders, many respondents have experienced a decline in academic achievement before. Based on this achievement also shows that the respondents have achieved emotional, and psychological stability and have been able to control the level of hallucinations for the better. This achievement is very positive and needs to be continued to ensure that respondents continue to excel in academic achievement in school.

3) Respondent 3

Based on the findings of the respondents' achievement in the grade shows that there is not much decrease or deterioration in the grade of the respondents. There were only 2 subjects who experienced a decline in grade between before and during hallucination disorder. Four more subjects showed absenteeism to school during the day the test was conducted. Such declining subjects such as History and Islamic Education. The decline is not alarming, only slight. Subjects who experienced this grade drop were subjects that involved thinking to remember facts, emotions, as well as psychology. In the context of psychology, unstable emotional development leads to a decline in the psychomotor and emotional development of respondents.

After the respondent recovered from the hallucination disorder showed good emotional development. In addition, his achievements also show good development. Comparisons of academic achievement in grades during and after hallucinogenic disorders were recorded. The process that takes place in the Tazkiyatun Nafs module can help the respondent to stabilize his emotions and psyche for the better. From the above findings, there were 5 subjects who

experienced an excellent improvement in grades. However, only one subject showed a good improvement, namely the History subject, from grade C to grade B. For the other four subjects, it was an increase from before with no marks due to non-attendance at school, but this time the test showed marks. The marks obtained are also very good for Civics and Citizenship subjects from no grade to A- grade in this test. This development is very good and should be the starting point to success in the academic achievement of the respondents.

4) Respondent 4

Based on the findings of the respondent's achievement in the grade shows that there is a lot of decrease or deterioration in the respondent's grade between before and during the hallucination disorder that occurred to him. There were only 2 subjects that experienced an improvement in namely Civics and Citizenship subjects, and Geography. This very low increase in subjects indicates that student performance is declining when there is such a disturbance. In the context of psychology, unstable emotional development leads to a decline in the psychomotor and emotional development of respondents.

Once the hallucination disorder was overcome, it showed a very good respondent development. The process that takes place in the Tazkiyatun Nafs module can help the respondent to stabilize his emotions and psyche for the better. The above findings show there is a very encouraging and very good improvement in grades on the whole subject. The best improvement is in the subject of History from grade E to grade B. This situation is very positive and should be continued for other subjects so that respondents continue to excel in academic achievement in school.

In conclusion, based on the findings mentioned above shows that each respondent experienced a decline in their academic achievement grade while facing the problem of hallucination disorder. In contrast to the findings that show there is an increase in the grade of academic achievement of students after hallucination disorder is successfully overcome. The use of the Tazkiyatun Nafs module in this study helped the students improve their respective achievement grades. Therefore, this soul purification module should be practiced by every student to help them in stabilizing their soul and emotions and stay away from all the disturbances of the subtle beings that lead to hallucinations.

C. Differences in Respondent Grades according to Overall Academic Achievement

1) Respondent 1

Based on the findings of the study during and before hallucination disorder showed that the overall achievement of the respondents in academics did not show a decrease and even a lot of increase before and during the respondents suffered from hallucination disorder. However, there was a decrease in the position of respondents in the class from number 1 down to number 5 position in the class which has an average of 27 students. This change is not worrying because in general, the respondent can still absorb the stress and distractions that come to him while respondent is studying in class or at home.

Based on the findings of the study after the hallucination

disorder was overcome showed that the development of the respondents was very positive after going through the treatment process using the Tazkiyatun Nafs module. Many parts of the respondents' overall academic achievement have improved nicely as the total score has increased from 525 % during hallucination disorder to 569 % after receiving treatment. Apart from that, there was also an increase in the percentage of marks, GPK, position in the form as well as grade change. All these improvements indicate the positive development of the respondent in the emotional, psychological and physical of the respondent. In general, the use of Tazkiyatun Nafs module successfully changed the learning lifestyle and achievement of the respondents from poor condition to good and excellent achievement.

2) Respondent 2

Based on the findings of the current and previous studies show that the overall achievement of the respondents in academics which shows a decline in overall achievement. The difference in achievement before and during the respondent experienced hallucination disorder. This situation occurs due to the absence of respondents to school is the main cause of failure and decline of respondents in academics. This absence is due to hallucinations experienced by the respondents during the beginning of the previous year which led to the current problem. This change is very worrying and needs to be addressed immediately to restore the excellence of the respondents as before.

Based on the findings of the study after the hallucination disorder was overcome showed that the development of the respondents was very positive after going through the treatment process using the Tazkiyatun Nafs module. Overall the overall academic achievement of the respondents has improved well and excelled. This outstanding improvement indicates that the respondents have been able to restore their emotional, spiritual, intellectual, and physical as before. This excellence also shows that the respondents have recovered from hallucinations after practicing the methods found in the Tazkiyatun Nafs module that has been introduced. In general, the use of the Tazkiyatun Nafs module successfully changed the learning lifestyle and achievement of the respondents from poor condition to good and excellent achievement.

3) Respondent 3

Based on the findings of the current and prior studies showed that the overall achievement of the respondents in academics showed a very serious decrease between before and during the respondents suffered from hallucination disorders. These changes need to be given serious attention because the respondents are not students who are weak in their studies. A very unfortunate situation is the overall score which shows almost 50 % less than the previous total test scores. Similarly, the position in the form decreased to the 86th position from the position in the previous test with the 60th position out of 270 students overall. This large decrease indicates that the respondents have a big problem in dealing with this hallucinatory disorder. Therefore, much needs to be considered in solving this respondent's problem.

Based on the findings of the study after the hallucination disorder was overcome showed that the development of the

respondents was very positive after going through the treatment process using the Tazkiyatun Nafs module. Many parts of the respondents' overall academic achievement have improved nicely as the total score has increased from 330 % during hallucination disorder to 416 % after receiving treatment. In addition, increases also occurred in the percentage of marks, GPK, and grade change. All these improvements indicate the positive development of the respondent in the emotional, psychological and physical of the respondent. In general, the use of the Tazkiyatun Nafs module successfully changed the learning lifestyle and achievement of the respondents from poor condition to good and excellent achievement.

4) Respondent 4

Based on the findings of the current and previous studies showed that the overall achievement of the respondents in academics did not show a significant difference between the improvement with the deterioration of the overall achievement before and during the respondents experienced hallucinatory disorders. The increase that occurred was in the overall mark, the overall percentage, and the position in the class, while the decline was in the share of the overall grade point average, the position in the grade, and the overall grade achievement. Instability in this achievement indicates that respondents still have problems with hallucinations and unstable emotions. This change is not worrying because in general, the respondent can still absorb the stress and distractions that come to him while respondent is studying in class or at home.

Based on the findings of the study after the hallucination disorder was overcome showed that the development of the respondents was very positive after going through the treatment process using the Tazkiyatun Nafs module. Overall, the respondents' performance was very good and there was an improvement in all the parts found in the test results obtained. All these improvements indicate the positive development of the respondent in the emotional, psychological and physical of the respondent. In general, the use of the Tazkiyatun Nafs module has successfully changed the learning lifestyle and achievement of the respondents from poor condition to good and excellent achievement.

In conclusion, based on the findings stated above shows that each respondent experienced a decline in their overall academic achievement while facing the problem of hallucination disorder. In contrast to the findings that show an improvement in the overall academic achievement of students after hallucinations are successfully overcome. The use of the Tazkiyatun Nafs module in this study helped the students improve their respective overall academic achievement. Therefore, this soul purification module should be practiced by every student to help them in stabilizing the soul and emotions as well as to stay away from all the disturbances of the subtle beings that lead to hallucination disorder.

VII. DISCUSSION

This study involved the effects of the Tazkiyatun Nafs module on respondents related to hallucinatory disorders on students' academic achievement. Based on the findings of

interviews with experts that this hallucination disorder greatly affects psychiatric problems and is classified as a psychosis problem. Based on the interview that hallucination disorders can lead to the emergence of the problem of failure of students to achieve good results in academics. Learning is a process of behavior change that takes place in school. According to Salleh (2005), learning is a learning process or activity that occurs in various forms. According to Salleh (2005), learning involves the acquisition and modification of knowledge, skills, strategies, beliefs, and behaviors that become the place of learning.

Findings of a study on students' academic achievement in school were conducted and analyzed to determine the level of student mastery in academics. Results from term and semester tests were analyzed and compared to see the difference in the mean percentage of student excellence. The academic results taken as study material are the results of academic tests before, during, and after the student experiences hallucination disorder. The elements analyzed in this section are:

- a. The difference in mean percentage of achievement by subject
- b. The difference in grade achievement by subject
- c. The difference in the grade of overall student achievement

Based on the findings of the study on the analysis of respondents' academic performance in the test showed that the percentage of mean difference in the test shows that all respondents have a very different mean average before, during, and after the respondents experiencing this hallucination disorder problem. Overall the mean of the previous mean was higher than the mean of the current mean of the respondents facing the disorder problem. While the average mean for all respondents showed that the average means of academic performance after compared to when the respondents faced the problem of hallucinations is higher. This situation suggests that students who are suffering from hallucination disorders can cause their academic achievement performance to be very low.

After the students went through the treatment session by using the Tazkiyatun Nafs module to treat hallucinations, it showed a positive effect on the student respondents. All this was certified by the expert, the student's parents as well as the counselor's teacher. Good academic achievement changes have taken place and academic achievement results have been taken as evidence that the student has been spared from the hallucinatory disorder problem. Interview findings, academic achievement results, and attendance records to school during and after students experienced hallucinatory disorders were used as instruments of this study. A comparison of the findings between the two periods was done to obtain a decision in drawing conclusions. Based on these findings, shows that hallucinations are very disturbing to humans and the appropriate method for now to solve this problem is to use the Tazkiyatun Nafs Module.

According to Ramli and Ahmad (2011), finding a cure and cure for a disease is part of the Islamic order (something that is demanded according to Islamic law and rewarded). There are many hadiths of the Prophet S.A.W that advises Muslims to seek medical and not allow themselves to be

plagued by disease. Ramli and Ahmad (2011) further argue that Islam emphasizes *al-'ilaj al-wiqa'i* (preventive treatment). Prepare an umbrella before the rain, do not throw yourself into the arena of destruction. In reality, all the daily practices prescribed in Islam such as obligatory things and sunnah have become medicines and cures for human diseases, namely spiritual (heart) and physical diseases. The Prophet S.A.W said that prayer is medicine.

Therefore, the use of the Tazkiyatun Nafs module while the respondent is suffering from hallucination disorder is very appropriate as most of the filling in this module is a way of getting closer to Allah S.W.T. Therefore, this situation is very helpful to the respondents in restoring their minds and psyche to be calmer and healthier. These changes allow students to focus on their studies as well as allow them to improve their academic performance better.

VIII. IMPLICATIONS

This case study is the effect of the Tazkiyatun Nafs module on the achievement of students with hallucinations. it is a study that is rarely found because there are many factors that make this study difficult to do. This study has many implications for the researcher himself, for the students or respondents, for the parents of the respondents, the teachers in the school, for the theory used in this study, for the school, and for the practice of one's life. The implications discussed in this study are the implications on student academic achievement.

Kohlberg (1971) states that a 16-year-old individual is able to think, reason, understand, and evaluate an action to be taken whether good or bad before performing an action. Similarly, Sheikh Abdus Samad al-Jawi al-Palembani (2009), states that a person's belief in the existence of the torment of the grave, the punishment of hell fire, and the reward of heaven after death allows a person to express a feeling of fear and confidence in the power of Allah S.W.T. This situation helps a person to change his behavior and morals to become a better human being.

This study has many implications for schools, especially in terms of student personality development, academic excellence, development of co-curricular excellence, and sports. In addition, the implications also apply to the development of social interaction between students with students and students in the community. All the implications discussed here are positive and negative which are the main issues in discussing the implications to the school.

A. Implications for Student Personality Development

The implications for the development of students' personalities are very good because students who face the problem of hallucinations have very negative traits and attitudes such as loneliness, very aggressive when disturbed, high depression, and self-blame. This situation will lead to a negative impact on the school especially in shaping the admirable personality of the students as found in the psychological approach by Ibn Qayyim and al-Ghazali. According to Al-Juaziyah (2005), in line with al-Ghazali (1980) on how to acquire noble behavior and morals through the care of the seven limbs. Ibn Qayyim states that those who keep the seven limbs are safe because those limbs are

the capital of all good and those who ignore them, in turn, are the capital of all evil (Al-Juaziyah, 2000). The negative attitudes and traits displayed by hallucinating students lead to the detriment of the school and its environment.

The use of the Tazkiyatun Nafs Module in this study has led to very positive changes there are attitudes and traits of students who face hallucinations before. All the negative traits like irritability, loneliness, depression, etc. can be overcome completely. All problems related to disciplinary problems can be overcome easily once one's soul and emotions start to be stable and normal. According to Ajzen's (1991) study, stating that strong intention in addition to control over behavior will shape predicted behavior. Thus, the content of the Tazkiyatun Nafs module which emphasizes Islam, hadith, and the Quran has brought about a positive change in one's soul. A gentle, polite attitude and displaying a positive attitude as well as a mature mindset result when a person has attained the perfection of a sane mind as well as a harmonious soul.

According to Kamaruzzaman (2015), every obligatory (good) behavior must be done and rewarded, the haram (bad) must be abandoned and rewarded, the circumcision must be done will be rewarded and the makruh must be left. All such behavior and morals will be pleasing to Allah S.W.T.

The personality development of students is getting better and perfect with the implementation of the Tazkiyatun Nafs module in their lives. This situation is supported by Yahaya (2015), in her module entitled Al-Nafs Friendship Guidance (E-MAN). The model of Yahaya (2015) emphasizes behavior change involving cases of fighting misconduct among students. The concept in this module is guided by Imam al-Ghazali and the Quran as the basis for the formation of this module to create positive behavior and personality among students.

B. Implications for Academic Excellence

Academic is a syllabus that must be studied by all students in the school according to the curriculum set by the Ministry of Education in Malaysia. Academic excellence is one of the main goals of education in schools, especially in the Primary School Standard Curriculum (KSSR) and Secondary School Standard Curriculum (KSSM) in this era in Malaysia. This excellence is fundamental in building the human capital that every student in the school should achieve. Nevertheless, this excellence must go through a learning process that is significant to the ability of students and schools. The priority in achieving this success is emotional sanity and peace of mind to be the mainstay to achieve outstanding success in academics or any field in which they are involved. Yahaya (2015), states that wisdom chooses which is good to practice. This means that a person must have a sane mind and have the wisdom to choose anything according to the needs and current situation, especially in academic studies.

The implications for academic excellence in this study are enormous. The findings of this study show that the academic achievement of the respondents recorded is the achievement before, during, and after the hallucination disorder taken and analyzed to show the effect of hallucination disorder on students in secondary school. The findings show that the

academic achievement of students during hallucination disorder is very severe and declining when compared to the achievement before hallucination disorder and after students use the Tazkiyatun Nafs module as treatment in hallucination disorder. This method is in line with the study of Ajzen (2006), who stated that planned knowledge can influence a person's behavior. Thus, planned behavior can be obtained by guiding and imparting knowledge to a person to improve attitudes toward positive behaviors, reinforce subjective norms, and control those behaviors (Ajzen, 2005). This situation shows that planning to overcome the problem of hallucinations requires systematic planning, and coincides with the requirements of the problem, then the results that will be obtained coincide with the desired objectives.

Through excerpts from the findings of the study, showing the implications for the awareness of the importance of knowledge for students who face hallucinatory disorders is very high. Respondents stated that only with knowledge can success be achieved in a person's life. Excerpts from the findings of the study are as follows.

"Are you aware of the importance of education to you? Realize. Is that lesson really important? Important. The success of the student depends on the lessons in school right or not? That's right"

(Respondents 3, 231-236)

As such, this hallucinatory disorder has great implications for students' academic achievement in school. Every student should refrain from being disturbed by demons and jinn that lead to this hallucinatory disorder. Thus, the approach taken in this study using the Tazkiyatun Nafs module is very suitable for overcoming the problem of this hallucinatory disorder. When this disorder can be overcome, then the soul and emotions of a person who becomes more stable and harmonious will result. This situation can help students to learn better and be able to receive knowledge better and be able to achieve the desires of the mind towards academic excellence better. As stated by Langgulung (1991), the human mind moves from the heart to perform a behavior. If a calm heart and a sane mind will guide the man toward the good path, then the opposite will guide the man towards evil behavior.

C. Implications for the Development of Co-Curricular and Sports Excellence

Co-curricular areas are also an important element in schools. This element has been determined in the national education policy and is found in the National Education Philosophy, which is to create a balanced human being in terms of physical, emotional, spiritual and intellectual. This balance must exist in the current education of our country. Co-curriculum and sports activities in schools require physical strength as a basis for fitness in carrying out activities organized by the school and the ministry of education.

Results indicate that students who suffer from this hallucination disorder are in a state of high depression, inactivity, fatigue, weakness and pain, and insufficient sleep. This situation affects the physical activity of the student to carry out the activities that have been planned.

Based on these findings, students who face disorders have high implications for co-curricular activities and sports in school. Therefore, the method to overcome this problem, then the use of the Tazkiyatun Nafs module can help students overcome this problem. Students who have a healthy mind, a strong soul, adequate rest, and stable emotions produce a healthy body and solid energy. As such, co-curricular activities and sports at school are not a problem for such students. This positive implication can help the school in determining the excellence of co-curriculum and sports in schools better either at the school level or at the national level. This situation is in line with a study conducted by Ajzen and Driver (1992), who stated that a person's attitude plays an important role in the intention to do something. Similarly, according to Yahaya (2015), all respondents who can make an assessment of the behavior to be done either bring good or bad. Thus, through the findings of this study, the gap between negative implications of co-curricular activities and sports activities can be reduced and can increase the positive implications of co-curricular activities and sports in schools when students are in a stable emotional state and calm soul.

IX. SUGGESTIONS FOR IMPROVING THE STUDY

This study is in the form of a case study. Each practice and activity in the module are done individually. Therefore, it is recommended that this module can be implemented in groups, i.e. small groups, two or three people. This method is used to prevent the practice performed by a person from making mistakes. When it is applied in a group, if there is any mistake made during the practice, it can be corrected directly by the group members themselves. At the very least, students do not make mistakes while practicing each of these practices such as remembrance, prayer, and recitation of the Qur'an.

Make this study an open study, not a limited study. Not just limited to school students only. It is recommended that this study be conducted openly for all ages from early primary school age to university level and adults because hallucinations are disorders involving devils and jinn who disturb those who are weak mentally and emotionally and lack religious practices. According to the findings of this study, the history of this hallucination disorder started in primary school and when a person is in adolescence, then this disorder becomes stronger and can cause various diseases and have various effects on a person who is disturbed.

Although gathering data from the respondents, the analysis of the data, and the administration part of the modules had been difficult, these difficulties have encouraged researchers to keep trying.

Therefore, it is suggested that such studies, which are more of a spiritual approach, be given sufficient space by the authorities to continue this study. It has many benefits and is an important element in the formation of a more balanced human capital. The harassment of devils and jinn does not begin today but has begun since Prophet Adam U.S. was expelled from heaven by God. S.W.T again. Therefore, the vengeance of Satan and Jinn will not go away as long as the descendants of Prophet Adam U.S. do not follow them or are hurt by them. Therefore, we as human

beings who have been created by Allah S.W.T with various privileges should help every human being who suffers from this hallucinatory disorder from continuing to drift and be tormented by the disorder. That is why all parties must play a role to ensure that such studies are multiplied and further improved to ensure the excellence of each student's achievement is guaranteed.

This study is also proposed to be done through a combination of self-monitoring muhasabat al-nafts with external supervision that is supervision by the community, schools, and authorities to ensure the smooth running of activities planned in the content of the module Tazkiyatun Nafs better. In addition, supervision from parents is extremely important, as parents are the closest people to respondents in family relationships.

Improvement of Islamic Education subjects in schools. Based on the findings of the study shows that the practical approach to practicing the obligatory things and circumcision in Islam is more to have a better effect on the way it is implemented and the way it appreciates the practice. The theoretical approach to the appreciation of Islam is an approach that only involves external effects. Therefore, it is suggested that the subject of Islamic Education in Malaysia implemented in schools give more emphasis and give more time to practical and practical in the subject, especially the compulsory practices in Islam such as prayer and recitation of the Quran. This method can have a very positive effect on a person's heart, soul, and mind in managing worldly life as well as being able to distinguish between good and bad things more accurately.

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